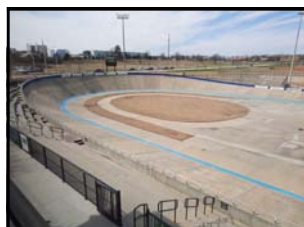


## JULY SCHEDULING NOTICE



I am unsure whether you are aware of the goal I set after I had my Heart Attack in March of 2020 - to compete at the USA National Masters Track Championships. I have been documenting my Training with Posts to my Facebook page since then.

I started riding in May of 2020 to improve my aerobic fitness. It had been twenty-five years since I last competed at the 333-meter Trexlertown Velodrome in Lehigh County Pennsylvania - north of Philadelphia.

For over three years now, I have been riding on my vintage road and track bikes that I refurbished with one goal in mind. Well, on August 8th, I will compete Matched Sprints in the 75-79 Age Bracket at the 250-meter Velodrome in Rock Hill, South Carolina.

My original goal has been achieved - to compete at NAT's. I just want to ride the very best I can on the 8th, but it would sure be nice to make the podium. If not this year, I'll return and try again next year.

Wish me luck against our country's "best" track racers.

I will use JULY to ramp-up my training intensity and peak my performance-level for Nationals. For this reason, I am not scheduling any Dining or Bakery activities this month, but will resume normal Society Activities in August.

P.S.

I must admit, when I moved here from Philadelphia and hung my bikes in the front pasture barn rafters, I never thought I would ride, much less race, again.

- Bob Radcliffe



**JULY  
18**

**CABIN BOOK & MEDIA CLUB - TUESDAY AT 3:30PM**

[The Huntress](#) by Kate Quinn

CONTACT KERRY CARTER AT 267-973-8143 - SEE PAGE-3



### JULY 2023 EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

BC-Book Club BK-Bakery DL-Deadline FE-Fundraising PE-Private PR-Project

**MEMBERSHIP & RESERVATIONS REQUIRED  
NEED ASSISTANCE ?**

EMAIL [bob@lynchcreek.com](mailto:bob@lynchcreek.com) OR CALL/TEXT 252-767-1167

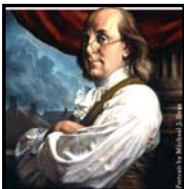
OUR PAYMENT OPTIONS

RESERVATIONS - Pre-Paid - Online by Credit Card

MEMBERSHIP - Online by Credit Card or Check by Mail

## **BEN FRANKLIN SOCIETY at Lynch Creek Farm**

ON THE WEB: "[BENFRANKLINSOCIETYNC.ORG](http://BENFRANKLINSOCIETYNC.ORG)" AND "[LYNCHCREEK.COM](http://LYNCHCREEK.COM)"

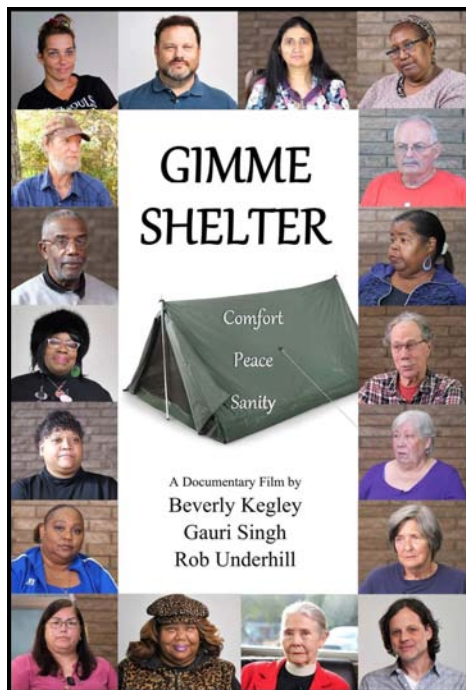


# Lynch Creek Farm NEWS

CHARITABLE • TAX EXEMPT • NON-PROFIT • CORPORATION  
WITH EDUCATIONAL, CULTURAL AND ECONOMIC DEVELOPMENT FOCUS

BEN FRANKLIN SOCIETY  
NEWS

JULY 2023



## "GIMME SHELTER" - DOCUMENTARY FILM PREMIER

I WAS INTERVIEWED LAST NOVEMBER TO DISCUSS MY EXPERIENCES WORKING WITH A FRANKLIN COUNTY HOMELESS INDIVIDUAL OVER THE PAST FOUR YEARS.

THE DOCUMENTARY FILM WILL BE PREMIERED ON JULY 22 AT 3:00PM AT JPAC ON THE LOUISBURG COLLEGE CAMPUS.

FOR COMPLETE DETAILS USE THE FOLLOWING LINK:

← <https://facebook.com/events/s/gimme-shelter-premier/970593404141491/>

I HAVE NOT SEEN THE FILM YET, BUT WILL ATTEND THE PREMIER. PLAN TO ATTEND AND LEARN THE TRUTH ABOUT THE HOMELESS PROBLEM IN FRANKLIN COUNTY.

WE CAN DO BETTER.

WE MUST DO SOMETHING.

WE NEED YOUR SUPPORT.

## HOMELESS Project Next Steps

IT WAS BROUGHT TO MY ATTENTION BY SOCIETY MEMBER, DEANE HONEYCUTT, THAT **ID.ME** EXISTED, AND AFTER CURSORY REVIEW, PROMPTED ME TO THINK IT MAY HOLD PROMISE TO RESOLVE THE HOMELESS "PERMANENT RESIDENT ADDRESS" PROBLEM I HAD DISCOVERED WHILE HELPING A HOMELESS INDIVIDUAL GET SOCIAL SECURITY, A POST OFFICE BOX, AND A CHECKING ACCOUNT. I PLAN TO MEET WITH DEANE THIS MONTH TO PURSUE DISCUSSIONS WITH **ID.ME, INC.**

<https://en.wikipedia.org/wiki/ID.me>

<https://www.id.me>

## PizzaQuest ARTICLE



PETER REINHART'S RECENT BOOK "PERFECT PAN PIZZA" WAS MY INSPIRATION TO DISCOVER WHETHER I COULD TRANSFORM MY WOOD-FIRED OVEN TOMATO PIE INTO A SHEET-PAN ELECTRIC-OVEN VERSION. CHECK-OUT MY ARTICLE ON PETER'S WEBSITE, ABOUT HOW I DID IT! BETTER YET, LEAVE AN ONLINE REVIEW.

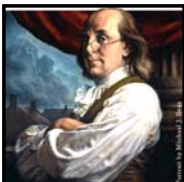
<https://www.fornobravo.com/pizzaquest/my-perfect-pan-tomato-pie-by-bob-radcliffe/>

PLAN TO MAKE A RESERVATION IN AUGUST TO TRY IT!

## More Ben Franklin Society NEWS

ON THE WEB: "[BENFRANKLINSOCIETYNC.ORG](http://BENFRANKLINSOCIETYNC.ORG)"

ON FACEBOOK AS: "[BEN FRANKLIN SOCIETY](https://www.facebook.com/BENFRANKLINSOCIETY)" AND "[LYNCH CREEK FARM](https://www.facebook.com/LYNCHCREEKFARM)"



# Lynch Creek Farm NEWS

CHARITABLE • TAX EXEMPT • NON-PROFIT • CORPORATION  
WITH EDUCATIONAL, CULTURAL AND ECONOMIC DEVELOPMENT FOCUS

BEN FRANKLIN SOCIETY  
NEWS

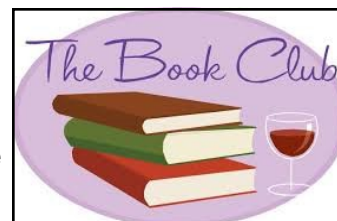
JULY 2023

**TUESDAY, JULY 18<sup>TH</sup> AT 3:30PM**

[The Huntress](#) by Kate Quinn

at LYNCH CREEK FARM CABIN

Our Cabin Book & Media Club has grown to over 20 members who share a love of Reading and Literary Endeavors. Join us and bring a friend along.



[SUBSCRIBE ONLINE TO OUR FREE MONTHLY EMAIL NEWSLETTER](#)

See our Schedule of Events and Make Event Reservations ONLINE

If you wish to attend a Dining Event, you MUST be a Society Member

We are a "Private Club" under North Carolina Law. We can serve "MEMBERS ONLY"

Our Liability Insurance Coverage is also for "MEMBERS ONLY"

[BECOME A MEMBER TODAY](#)

[LEARN ABOUT THE BEN FRANKLIN SOCIETY](#)

[SUBSCRIBE TO OUR MONTHLY EMAIL NEWSLETTER](#)

[JOIN THE SOCIETY](#)

[BOOK A COMPANY OR GROUP MEETING AT THE CABIN](#)



## RENEW YOUR ANNUAL SOCIETY DUES ONLINE

### STEP 1 OF 2 - CHECK YOUR MEMBERSHIP STATUS



### ANNUAL SOCIETY MEMBERSHIP DUES

GUEST \$5 INDIVIDUAL \$10  
COUPLE \$15 FAMILY \$25  
GROUP \$50 BUSINESS \$100+

### STEP 2 OF 2 - PAY YOUR ANNUAL MEMBERSHIP DUES

( SOCIETY MEMBERSHIP NOW EXTENDS 1-YEAR FROM YOUR RENEWAL DATE )

YOUR ANNUAL DUES, DONATIONS AND ATTENDANCE AT EVENTS FUND OUR  
COMMUNITY SERVICE PROJECTS

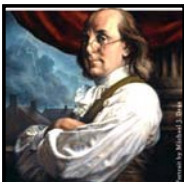


## More Ben Franklin Society NEWS

ON THE WEB: ["BENFRANKLINSOCIETYNC.ORG"](http://BENFRANKLINSOCIETYNC.ORG)

ON FACEBOOK AS: ["BEN FRANKLIN SOCIETY"](#) AND ["LYNCH CREEK FARM"](#)





# Lynch Creek Farm NEWS

CHARITABLE • TAX EXEMPT • NON-PROFIT • CORPORATION  
WITH EDUCATIONAL, CULTURAL AND ECONOMIC DEVELOPMENT FOCUS

BEN FRANKLIN SOCIETY  
NEWS

JULY 2023

## MISSION STATEMENT

To enhance the educational, cultural and economic development of Franklin County by leveraging its natural and historic resources

## ANNUAL SOCIETY MEMBERSHIP DUES

GUEST \$5 INDIVIDUAL \$10  
COUPLE \$15 FAMILY \$25  
GROUP \$50 BUSINESS \$100+

*“The Ben Franklin Society performs a collection of independent Research Projects”*

*“Society Members work on Projects either individually, or in collaboration with others”*

*“The Society meets yearly, while Projects maintain their own activity schedule”*

*“The Society provides funding, promotion and staffing assistance for all Projects”*

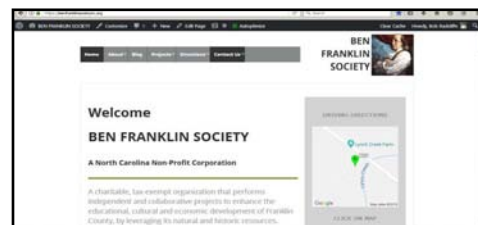
*“Project Leaders provide Status Reports that are included in our monthly Newsletter”*

*“Project Leaders are encouraged to utilize computer technology to assemble, communicate and publish their findings”*

## VISIT OUR WEBSITES

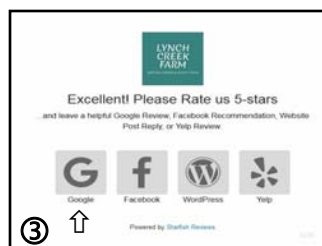
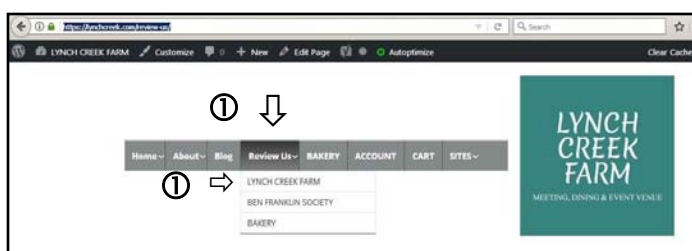


[www.lynchcreek.com](http://www.lynchcreek.com)



[www.benfranklinsocietync.org](http://www.benfranklinsocietync.org)

## WRITE AN ONLINE REVIEW



- ① SELECT “REVIEW-US” MENU THEN A SITE TO REVIEW
- ② SELECT YOUR REVIEW TYPE FAVORABLE (OR UNFAVORABLE)
- ③ SELECT A PLATFORM TO WRITE A REVIEW
- ④ WRITE YOUR REVIEW COMMENT OR RECOMMENDATION
- ⑤ REPEAT THIS PROCESS FOR ANOTHER SITE AND/OR PLATFORM



BEN FRANKLIN SOCIETY  
LYNCH CREEK FARM  
BAKERY AT LYNCH CREEK FARM

## VIEW SOCIETY-PRODUCED VIDEOS



[Lynch Creek Farm Cabin Tour](#)  
[BreadWorks Tomato Pie with Bob Radcliffe](#)  
[Colonial Hearth Day - 2014](#)  
[Peggy's Hearth & Garden - 2015](#)  
[Peggy's Colonial Kitchen Garden - UNC-TV](#)  
[Peggy's Kitchen \(Open Hearth\) - UNC-TV](#)

## More Ben Franklin Society NEWS

ON THE WEB: “[BENFRANKLINSOCIETYNC.ORG](http://BENFRANKLINSOCIETYNC.ORG)”

ON FACEBOOK AS: “[BEN FRANKLIN SOCIETY](#)” AND “[LYNCH CREEK FARM](#)”

# Lynch Creek Farm NEWS

"PHILADELPHIA STYLE WITH CAROLINA CHARACTER"

URBAN ELEGANCE • RURAL CHARM • SUSTAINABLE AND ORGANIC FOODS

LYNCH CREEK FARM  
BAKERY

JULY 2023



BOB'S OUTDOOR WOOD-FIRED OVEN

## CUSTOM BREAD ORDERS

The Bakery now accepts Custom Bread Orders.

Are you planning a Special Event?

Fresh-Baked Breads and Rolls can make your event unique!

What Breads or Rolls are needed for your Party?



## FREEZE OUR BREADS

I highly recommend that the best way to preserve our Breads is to slice them immediately after pickup, then package them tightly in zip-lock plastic bags and place them in the freezer.

Take out slices as needed and reheat them in a TOASTER or TOASTER OVEN - NEVER MICROWAVE them!

I guarantee the Breads will taste like they just came fresh out of the oven.

They can be kept frozen, if packaged tightly, for an incredibly long time without sacrificing their taste or texture.

Because we are only baking once a month, you can buy larger quantities, and enjoy the Breads throughout the month.

## SUPPORT OUR PICK-UP SITE VENDORS

Mike at *The Depot Gifts & More in Henderson*

Paige at *Blue Collie Coffee in Louisburg*

Amy at *The Burnt Barrel in Youngsville*

David at *The Grain Mill Cooperative in Wake Forest*

You can always arrange to Pick-Up Your Order at the  
*Lynch Creek Farm Cabin*

## BAKERY SCHEDULE PICK-UP - NOT THIS MONTH [LYNCHCREEK.COM/STORE](http://LYNCHCREEK.COM/STORE)

(SOCIETY MEMBERSHIP IS NOT REQUIRED)

INTRODUCE OUR BREADS TO YOUR FRIENDS

ADD A FRIEND TO OUR MAIL LIST - SHARE OUR POSTS ON FACEBOOK

CONTACT US

EMAIL: [BAKERY@LYNCHCREEK.COM](mailto:BAKERY@LYNCHCREEK.COM)

CALL/TEXT: 252-767-1167

## TO RECEIVE BAKERY SCHEDULE NOTICES

SUBSCRIBE

to our Email Newsletter

VISIT our Bakery website



## Lynch Creek Farm BAKERY News

ON THE WEB: ["LYNCHCREEK.COM/STORE"](http://LYNCHCREEK.COM/STORE)

ON FACEBOOK AS: ["BAKERY AT LYNCH CREEK FARM"](https://www.facebook.com/bakeryatlynchcreekfarm)





**LYNCH CREEK FARM CABIN**

**CLICK IMAGE TO GOOGLE MY BUSINESS**

WELCOME TO LYNCH CREEK FARM  
AN EXCEPTIONAL BUSINESS MEETING, DINING AND  
ENTERTAINMENT VENUE RECOGNIZED BY THE RALEIGH  
NEWS & OBSERVER (N&O) AS THE  
"BEST KEPT SECRET IN FRANKLIN COUNTY"

OUR AUTHENTIC LOG CABIN PROVIDES WHAT  
PROPRIETOR BOB RADCLIFFE CALLS  
"PHILADELPHIA STYLE WITH CAROLINA CHARACTER"

THE CABIN BACK PORCH EXTENDS DINING SERVICE INTO  
THE TREETOPS, WHILE THE FRONT PORCH SEASONALLY  
FEATURES LIVE ENTERTAINMENT

**LYNCH CREEK FARM  
LOG CABIN  
EVENT VENUE**



**BUSINESS MEETINGS  
IN A RURAL SETTING  
WITH URBAN CONVENIENCES**



PHILADELPHIA STYLE WITH CAROLINA CHARACTER

**CLICK IMAGE TO DOWNLOAD  
LCF TRI-FOLD BROCHURE**

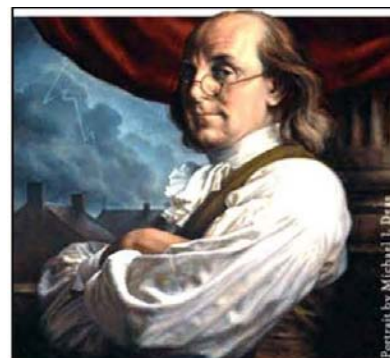
MAKE A RESERVATION AND COME SEE FOR  
YOURSELF, THEN BOOK A BUSINESS OR  
GROUP MEETING AT THE CABIN OR PLAN  
AN OUTDOOR EVENT ON THE CABIN  
GROUNDS

BOB FOUNDED OUR NON-PROFIT  
COMMUNITY SERVICE PARTNER,  
BEN FRANKLIN SOCIETY  
"TO ENHANCE THE EDUCATIONAL,  
CULTURAL AND ECONOMIC DEVELOPMENT  
OF FRANKLIN COUNTY  
BY LEVERAGING ITS NATURAL AND  
HISTORIC RESOURCES"

ALL EVENTS RAISE FUNDS TO SUPPORT THE  
BEN FRANKLIN SOCIETY

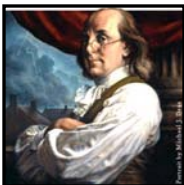
CONTACT BOB RADCLIFFE TO SCHEDULE A  
SITE VISIT

CALL/TEXT: 252-767-1167  
EMAIL: [BOB@LYNCHCREEK.COM](mailto:BOB@LYNCHCREEK.COM)



A charitable, tax-exempt  
corporation that performs  
independent and  
collaborative projects to  
enhance the educational,  
cultural and economic  
development of Franklin  
County by leveraging its  
natural and historical  
resources

**CLICK IMAGE TO DOWNLOAD  
BFS TRI-FOLD BROCHURE**

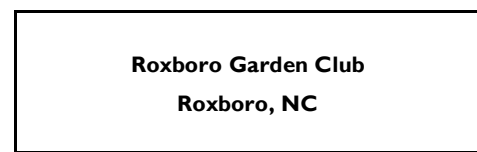
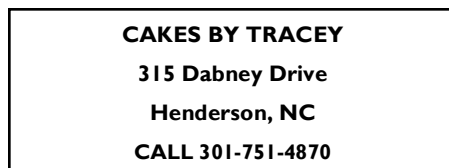
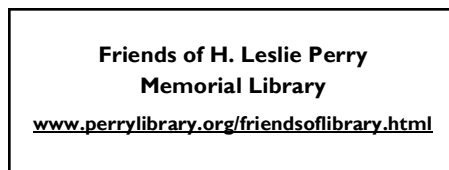
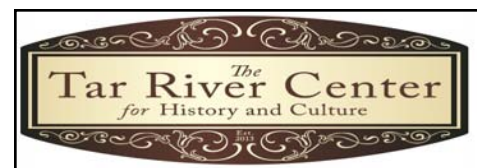
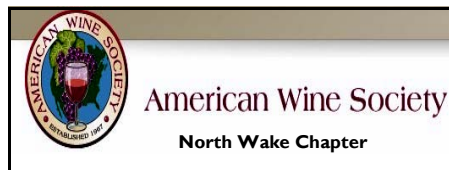


# Lynch Creek Farm NEWS

CHARITABLE • TAX EXEMPT • NON-PROFIT • CORPORATION  
WITH EDUCATIONAL, CULTURAL AND ECONOMIC DEVELOPMENT FOCUS

BEN FRANKLIN SOCIETY  
AFFILIATED GROUPS

JULY 2023



## Ben Franklin Society AFFILIATE News

ON THE WEB: "BENFRANKLINSOCIETYNC.ORG"

ON FACEBOOK AS: "BEN FRANKLIN SOCIETY" AND "LYNCH CREEK FARM"